

## MINUTPROGRAM 2024

fre 17.5.2024

| Upprop | Start | Prisutd. | Gren eller program  | Moment | Heat | Lag |
|--------|-------|----------|---|--------|------|-----|
|        | 12:00 |          | Portarna öppnas   |        |      |     |
|        | 12:55 |          | Inmarsch  |        |      | 81  |
| 13:15  | 13:30 |          | 5 x 80 m flickor grundskolor årskurserna 1 - 6                                  | Försök | 29   | 232 |
| 13:15  | 13:30 |          | Heat 1  |        |      | 8   |
| 13:18  | 13:33 |          | Heat 2  |        |      | 8   |
| 13:21  | 13:36 |          | Heat 3  |        |      | 8   |
| 13:24  | 13:39 |          | Heat 4  |        |      | 8   |
| 13:27  | 13:42 |          | Heat 5  |        |      | 8   |
| 13:30  | 13:45 |          | Heat 6  |        |      | 8   |
| 13:33  | 13:48 |          | Heat 7  |        |      | 8   |
| 13:36  | 13:51 |          | Heat 8  |        |      | 8   |
| 13:39  | 13:54 |          | Heat 9  |        |      | 8   |
| 13:42  | 13:57 |          | Heat 10   |        |      | 8   |
| 13:45  | 14:00 |          | Heat 11   |        |      | 8   |
| 13:48  | 14:03 |          | Heat 12   |        |      | 8   |
| 13:51  | 14:06 |          | Heat 13   |        |      | 8   |
| 13:54  | 14:09 |          | Heat 14   |        |      | 8   |
| 13:57  | 14:12 |          | Heat 15   |        |      | 8   |
| 14:00  | 14:15 |          | Heat 16   |        |      | 8   |
| 14:03  | 14:18 |          | Heat 17   |        |      | 8   |
| 14:06  | 14:21 |          | Heat 18   |        |      | 8   |
| 14:09  | 14:24 |          | Heat 19   |        |      | 8   |
| 14:12  | 14:27 |          | Heat 20   |        |      | 8   |
| 14:15  | 14:30 |          | Heat 21   |        |      | 8   |
| 14:18  | 14:33 |          | Heat 22   |        |      | 8   |
| 14:21  | 14:36 |          | Heat 23   |        |      | 8   |
| 14:24  | 14:39 |          | Heat 24   |        |      | 8   |
| 14:27  | 14:42 |          | Heat 25   |        |      | 8   |
| 14:30  | 14:45 |          | Heat 26   |        |      | 8   |
| 14:33  | 14:48 |          | Heat 27   |        |      | 8   |
| 14:36  | 14:51 |          | Heat 28   |        |      | 8   |
| 14:39  | 14:54 |          | Heat 29   |        |      | 8   |
|        |       | 15:00    | Maskottävling   |        |      | 0   |
| 14:42  | 15:05 | 15:30    | Gatustafett 5-manna mixed små grundskolor årskurserna 1 - 6                     | Final  | 1    | 79  |
| 14:42  | 15:05 |          | Heat 1  |        |      | 79  |
| 15:15  | 15:35 |          | 8 x 50 m mixed grundskolor årskurserna 1 - 4                                    | Försök | 20   | 159 |
| 15:15  | 15:35 |          | Heat 1  |        |      | 8   |
| 15:18  | 15:38 |          | Heat 2  |        |      | 8   |
| 15:21  | 15:41 |          | Heat 3  |        |      | 8   |
| 15:24  | 15:44 |          | Heat 4  |        |      | 8   |
| 15:27  | 15:47 |          | Heat 5  |        |      | 8   |
| 15:30  | 15:50 |          | Heat 6  |        |      | 8   |
| 15:33  | 15:53 |          | Heat 7  |        |      | 8   |
| 15:36  | 15:56 |          | Heat 8  |        |      | 8   |
| 15:39  | 15:59 |          | Heat 9  |        |      | 8   |
| 15:42  | 16:02 |          | Heat 10   |        |      | 8   |
| 15:45  | 16:05 |          | Heat 11   |        |      | 8   |
| 15:48  | 16:08 |          | Heat 12   |        |      | 8   |
| 15:51  | 16:11 |          | Heat 13   |        |      | 8   |
| 15:54  | 16:14 |          | Heat 14   |        |      | 8   |
| 15:57  | 16:17 |          | Heat 15   |        |      | 8   |
| 16:00  | 16:20 |          | Heat 16   |        |      | 8   |
| 16:03  | 16:23 |          | Heat 17   |        |      | 8   |
| 16:06  | 16:26 |          | Heat 18   |        |      | 8   |
| 16:09  | 16:29 |          | Heat 19   |        |      | 8   |
| 16:12  | 16:32 |          | Heat 20   |        |      | 7   |
| 16:20  | 16:40 | 16:45    | 5 x 50 m tillsammans grundskolor årskurserna 1 - 6                              | Final  | 1    | 3   |
| 16:20  | 16:40 |          | Heat 1  |        |      | 3   |
|        | 16:50 |          | Fredagens underhållning   |        |      |     |
| 16:40  | 17:05 | 18:20    | Gatustafett 8-manna mixed grundskolor årskurserna 1 - 6                         | Final  | 2    | 169 |
| 16:40  | 17:05 |          | Heat 1  |        |      | 76  |
| 17:15  | 17:30 | 17:40    | 6 x 60 m mixed Undervisning per verksamhetsområde grundskolor årskurserna 1 - 6 | Final  | 1    | 2   |

| Upprop  | Start | Prisutd. | Gren eller program  | Moment | Heat | Lag |
|---------|-------|----------|---|--------|------|-----|
| 17:15   | 17:30 |          | Heat 1  |        |      | 2   |
| 17:20   | 17:35 | 17:43    | 6 x 60 m mixed Undervisning per verksamhetsområde grundskolor årskurserna 7 - 9 | Final  | 1    | 3   |
| 17:20   | 17:35 |          | Heat 1  |        |      | 3   |
| 17:20   | 17:35 | 17:46    | 6 x 60 m mixed Undervisning per verksamhetsområde andra stadiet                 | Final  | 1    | 1   |
| 17:20   | 17:35 |          | Heat 1  |        |      | 1   |
| 17:25   | 17:50 | 18:20    | Gatustafett 8-manna mixed grundskolor årskurserna 1 - 6 (forts. heat 2/2)       | Final  | 2    | 169 |
| 17:25   | 17:50 |          | Heat 2  |        |      | 93  |
|         |       | 18:25    | Hejarklackramsor grundskolor årskurserna 1 - 6                                  |        |      |     |
| 18:15   | 18:30 |          | 5 x 80 m mixed små grundskolor årskurserna 1 - 6                                | Försök | 15   | 120 |
| 18:15   | 18:30 |          | Heat 1  |        |      | 8   |
| 18:18   | 18:33 |          | Heat 2  |        |      | 8   |
| 18:21   | 18:36 |          | Heat 3  |        |      | 8   |
| 18:24   | 18:39 |          | Heat 4  |        |      | 8   |
| 18:27   | 18:42 |          | Heat 5  |        |      | 8   |
| 18:30   | 18:45 |          | Heat 6  |        |      | 8   |
| 18:33   | 18:48 |          | Heat 7  |        |      | 8   |
| 18:36   | 18:51 |          | Heat 8  |        |      | 8   |
| 18:39   | 18:54 |          | Heat 9  |        |      | 8   |
| 18:42   | 18:57 |          | Heat 10   |        |      | 8   |
| 18:45   | 19:00 |          | Heat 11   |        |      | 8   |
| 18:48   | 19:03 |          | Heat 12   |        |      | 8   |
| 18:51   | 19:06 |          | Heat 13   |        |      | 8   |
| 18:54   | 19:09 |          | Heat 14   |        |      | 8   |
| 18:57   | 19:12 |          | Heat 15   |        |      | 8   |
| 19:05   | 19:20 |          | 5 x 80 m pojkar grundskolor årskurserna 1 - 6                                   | Försök | 27   | 213 |
| 19:05   | 19:20 |          | Heat 1  |        |      | 8   |
| 19:08   | 19:23 |          | Heat 2  |        |      | 8   |
| 19:11   | 19:26 |          | Heat 3  |        |      | 8   |
| 19:14   | 19:29 |          | Heat 4  |        |      | 8   |
| 19:19   | 19:32 |          | Heat 5  |        |      | 8   |
| 19:20   | 19:35 |          | Heat 6  |        |      | 8   |
| 19:23   | 19:38 |          | Heat 7  |        |      | 8   |
| 19:26   | 19:41 |          | Heat 8  |        |      | 8   |
| 19:29   | 19:44 |          | Heat 9  |        |      | 8   |
| 19:32   | 19:47 |          | Heat 10   |        |      | 8   |
| 19:35   | 19:50 |          | Heat 11   |        |      | 8   |
| 19:38   | 19:53 |          | Heat 12   |        |      | 8   |
| 19:41   | 19:56 |          | Heat 13   |        |      | 8   |
| 19:44   | 19:59 |          | Heat 14   |        |      | 8   |
| 19:47   | 20:02 |          | Heat 15   |        |      | 8   |
| 19:50   | 20:05 |          | Heat 16   |        |      | 8   |
| 19:53   | 20:08 |          | Heat 17   |        |      | 8   |
| 19:56   | 20:11 |          | Heat 18   |        |      | 8   |
| 19:59   | 20:14 |          | Heat 19   |        |      | 8   |
| 20:02   | 20:17 |          | Heat 20   |        |      | 8   |
| 20:05   | 20:20 |          | Heat 21   |        |      | 8   |
| 20:08   | 20:23 |          | Heat 22   |        |      | 8   |
| 20:11   | 20:26 |          | Heat 23   |        |      | 8   |
| 20:14   | 20:29 |          | Heat 24   |        |      | 8   |
| 20:17   | 20:32 |          | Heat 25   |        |      | 7   |
| 20:20   | 20:35 |          | Heat 26   |        |      | 7   |
| 20:23   | 20:38 |          | Heat 27   |        |      | 7   |
| 12:00 * |       | 20:45    | Hejarklackstävling grundskolor årskurserna 1 - 6                                |        |      | 34  |
|         | 20:50 |          | Fredagen avslutas   |        |      |     |

## lör 18.5.2024

| Upprop | Start | Prisutd. | Gren eller program                            | Moment | Heat | Lag |
|--------|-------|----------|---|--------|------|-----|
|        | 07:00 |          | Portarna öppnas                               |        |      |     |
| 08:15  | 08:30 |          | Dubbel svensk stafett mixed årskurserna 7 - 9 | Försök | 6    | 48  |
| 08:15  | 08:30 |          | Heat 1  |        |      | 8   |
| 08:23  | 08:38 |          | Heat 2  |        |      | 8   |
| 08:31  | 08:46 |          | Heat 3  |        |      | 8   |
| 08:39  | 08:54 |          | Heat 4  |        |      | 8   |
| 08:47  | 09:02 |          | Heat 5  |        |      | 8   |
| 08:55  | 09:10 |          | Heat 6  |        |      | 8   |

| Upprop | Start | Prisutd. | Gren eller program  | Moment    | Heat | Lag |
|--------|-------|----------|---|-----------|------|-----|
| 09:07  | 09:22 |          | 4 x 100 m flickor andra stadiet                                 | Försök    | 5    | 37  |
| 09:07  | 09:22 |          | Heat 1  |           |      | 8   |
| 09:10  | 09:25 |          | Heat 2  |           |      | 8   |
| 09:13  | 09:28 |          | Heat 3  |           |      | 7   |
| 09:16  | 09:31 |          | Heat 4  |           |      | 7   |
| 09:19  | 09:34 |          | Heat 5  |           |      | 7   |
| 09:25  | 09:40 |          | 4 x 100 m pojkar andra stadiet                                  | Försök    | 5    | 40  |
| 09:25  | 09:40 |          | Heat 1  |           |      | 8   |
| 09:28  | 09:43 |          | Heat 2  |           |      | 8   |
| 09:31  | 09:46 |          | Heat 3  |           |      | 8   |
| 09:34  | 09:49 |          | Heat 4  |           |      | 8   |
| 09:40  | 09:55 |          | Heat 5  |           |      | 8   |
| 09:49  | 10:04 |          | 5 x 80 m mixed små grundskolor årskurserna 1 - 6                | Semifinal | 3    | 0   |
| 09:49  | 10:04 |          | Heat 1  |           |      | 0   |
| 09:52  | 10:07 |          | Heat 2  |           |      | 0   |
| 09:55  | 10:10 |          | Heat 3  |           |      | 0   |
| 09:59  | 10:14 |          | 5 x 80 m pojkar grundskolor årskurserna 1 - 6                   | Semifinal | 3    | 0   |
| 09:59  | 10:14 |          | Heat 1  |           |      | 0   |
| 10:02  | 10:17 |          | Heat 2  |           |      | 0   |
| 10:05  | 10:20 |          | Heat 3  |           |      | 0   |
| 10:09  | 10:24 |          | 5 x 80 m flickor grundskolor årskurserna 1 - 6                  | Semifinal | 3    | 0   |
| 10:09  | 10:24 |          | Heat 1  |           |      | 0   |
| 10:12  | 10:27 |          | Heat 2  |           |      | 0   |
| 10:15  | 10:30 |          | Heat 3  |           |      | 0   |
| 10:21  | 10:36 |          | 8 x 50 m mixed grundskolor årskurserna 1 - 4                    | Semifinal | 3    | 0   |
| 10:21  | 10:36 |          | Heat 1  |           |      | 0   |
| 10:24  | 10:39 |          | Heat 2  |           |      | 0   |
| 10:27  | 10:42 |          | Heat 3  |           |      | 0   |
| 10:33  | 10:48 |          | 4 x 100 m pojkar grundskolor årskurserna 7 - 9                  | Försök    | 12   | 91  |
| 10:33  | 10:48 |          | Heat 1  |           |      | 8   |
| 10:36  | 10:51 |          | Heat 2  |           |      | 8   |
| 10:39  | 10:54 |          | Heat 3  |           |      | 8   |
| 10:42  | 10:57 |          | Heat 4  |           |      | 8   |
| 10:45  | 11:00 |          | Heat 5  |           |      | 8   |
| 10:48  | 11:03 |          | Heat 6  |           |      | 8   |
| 10:51  | 11:06 |          | Heat 7  |           |      | 8   |
| 10:54  | 11:09 |          | Heat 8  |           |      | 7   |
| 10:57  | 11:12 |          | Heat 9  |           |      | 7   |
| 11:00  | 11:15 |          | Heat 10   |           |      | 7   |
| 11:03  | 11:18 |          | Heat 11   |           |      | 7   |
| 11:06  | 11:21 |          | Heat 12   |           |      | 7   |
| 11:12  | 11:27 |          | 4 x 100 m flickor grundskolor årskurserna 7 - 9                 | Försök    | 15   | 120 |
| 11:12  | 11:27 |          | Heat 1  |           |      | 8   |
| 11:15  | 11:30 |          | Heat 2  |           |      | 8   |
| 11:18  | 11:33 |          | Heat 3  |           |      | 8   |
| 11:21  | 11:36 |          | Heat 4  |           |      | 8   |
| 11:24  | 11:39 |          | Heat 5  |           |      | 8   |
| 11:27  | 11:42 |          | Heat 6  |           |      | 8   |
| 11:30  | 11:45 |          | Heat 7  |           |      | 8   |
| 11:33  | 11:48 |          | Heat 8  |           |      | 8   |
| 11:36  | 11:51 |          | Heat 9  |           |      | 8   |
| 11:39  | 11:54 |          | Heat 10   |           |      | 8   |
| 11:42  | 11:57 |          | Heat 11   |           |      | 8   |
| 11:45  | 12:00 |          | Heat 12   |           |      | 8   |
| 11:48  | 12:03 |          | Heat 13   |           |      | 8   |
| 11:51  | 12:06 |          | Heat 14   |           |      | 8   |
| 11:54  | 12:09 |          | Heat 15   |           |      | 8   |
| 12:00  | 12:20 |          | 12 x 80 m mixed grundskolor årskurserna 1 - 6                   | Försök    | 5    | 185 |
| 12:00  | 12:20 |          | Heat 1  |           |      | 37  |
| 12:10  | 12:30 |          | Heat 2  |           |      | 37  |
| 12:20  | 12:40 |          | Heat 3  |           |      | 37  |
|        | 12:50 |          | Lördagens underhållning set 1                                   |           |      |     |
| 13:05  | 13:25 |          | 12 x 80 m mixed grundskolor årskurserna 1 - 6 (forts. heat 4/5) | Försök    | 5    | 185 |
| 13:05  | 13:25 |          | Heat 4  |           |      | 37  |
| 13:15  | 13:35 |          | Heat 5  |           |      | 37  |
| 13:25  | 13:45 | 14:20    | Gatustafett 5-manna pojkar grundskolor årskurserna 7 - 9        | Final     | 1    | 68  |
| 13:25  | 13:45 |          | Heat 1  |           |      | 68  |
| 13:40  | 14:05 | 14:50    | Gatustafett 5-manna flickor grundskolor årskurserna 7 - 9       | Final     | 1    | 80  |

| Upprop  | Start | Prisutd. | Gren eller program   | Moment | Heat | Lag |
|---------|-------|----------|--|--------|------|-----|
| 13:40   | 14:05 |          | Heat 1   |        |      | 80  |
|         | 14:25 |          | Premieringar   |        |      |     |
| 14:15   | 14:35 | 15:15    | Gatustafett 5-manna flickor andra stadiet  | Final  | 1    | 28  |
| 14:15   | 14:35 |          | Heat 1   |        |      | 28  |
| 14:35   | 14:55 | 15:25    | Gatustafett 10-manna pojkar andra stadiet  | Final  | 1    | 18  |
| 14:35   | 14:55 |          | Heat 1   |        |      | 18  |
| 15:00   | 15:20 | 15:33    | 12 x 80 m mixed grundskolor årskurserna 1 - 6  | Final  | 1    | 0   |
| 15:00   | 15:20 |          | Heat 1   |        |      | 0   |
| 15:15   | 15:30 | 15:40    | 4 x 100 m pojkar grundskolor årskurserna 7 - 9   | Final  | 1    | 0   |
| 15:15   | 15:30 |          | Heat 1   |        |      | 0   |
| 15:22   | 15:37 | 15:47    | 4 x 100 m flickor grundskolor årskurserna 7 - 9  | Final  | 1    | 0   |
| 15:22   | 15:37 |          | Heat 1   |        |      | 0   |
| 15:29   | 15:44 | 15:54    | 4 x 100 m flickor andra stadiet  | Final  | 1    | 0   |
| 15:29   | 15:44 |          | Heat 1   |        |      | 0   |
| 15:36   | 15:51 | 16:01    | 4 x 100 m pojkar andra stadiet   | Final  | 1    | 0   |
| 15:36   | 15:51 |          | Heat 1   |        |      | 0   |
|         | 16:10 |          | Lördagens underhållning set 2  |        |      |     |
|         |       | 16:25    | Hejarklacksransor grundskolor årskurserna 7 - 9  |        |      |     |
| 16:10   | 16:30 | 16:43    | 18 x 100 m pojkar grundskolor årskurserna 7 - 9  | Final  | 1    | 23  |
| 16:10   | 16:30 |          | Heat 1   |        |      | 23  |
| 16:25   | 16:40 | 16:55    | 8 x 50 m mixed grundskolor årskurserna 1 - 4   | Final  | 1    | 0   |
| 16:25   | 16:40 |          | Heat 1   |        |      | 0   |
| 16:30   | 16:50 | 17:03    | 12 x 100 m flickor andra stadiet   | Final  | 1    | 17  |
| 16:30   | 16:50 |          | Heat 1   |        |      | 17  |
| 16:45   | 17:00 | 17:11    | 5 x 80 m mixed små grundskolor årskurserna 1 - 6   | Final  | 1    | 0   |
| 16:45   | 17:00 |          | Heat 1   |        |      | 0   |
| 16:53   | 17:08 | 17:19    | 5 x 80 m pojkar grundskolor årskurserna 1 - 6  | Final  | 1    | 0   |
| 16:53   | 17:08 |          | Heat 1   |        |      | 0   |
| 16:58   | 17:16 | 17:32    | 5 x 80 m flickor grundskolor årskurserna 1 - 6   | Final  | 1    | 0   |
| 16:58   | 17:16 |          | Heat 1   |        |      | 0   |
| 17:05   | 17:25 | 17:47    | Dubbel svensk stafett mixed årskurserna 7 - 9  | Final  | 1    | 0   |
| 17:05   | 17:25 |          | Heat 1   |        |      | 0   |
| 17:20   | 17:40 | 18:20    | Dubbel svensk stafett mixed andra stadiet  | Final  | 3    | 24  |
| 17:20   | 17:40 |          | Heat 1   |        |      | 8   |
| 17:30   | 17:50 |          | Heat 2   |        |      | 8   |
| 17:37   | 17:57 |          | Heat 3   |        |      | 8   |
| 07:00 * |       | 18:05    | Hejarklackstävling (under 25 deltagare) grundskolor årskurserna 7 - 9 samt andra stadiets skolor |        |      | 9   |
| 17:45   | 18:10 | 18:25    | 18 x 100 m flickor grundskolor årskurser 7 - 9   | Final  | 1    | 29  |
| 17:45   | 18:10 |          | Heat 1   |        |      | 29  |
| 07:00 * |       | 18:30    | Hejarklackstävling (25 - 100 deltagare) grundskolor årskurserna 7 - 9 samt andra stadiets skolor |        |      | 11  |
|         | 18:35 |          | Lördagen avslutas  |        |      |     |